

# MARS HILL



TRUTH • BEAUTY • GOODNESS

## GRAND TOUR 2023



## HELPFUL INFORMATION

## ***Introduction***

As rising seniors of Mars Hill Academy, you are being provided a remarkable, perhaps a once-in-a-lifetime opportunity to learn, to see and appreciate beauty, and to explore things that most students your age will never experience. It is hoped that you will experience a sense of wonder, awe, and incomprehensibility when presented with the magnificence of the art, architecture, and cultures to which you will be exposed.

It is also my sincere hope that you will receive it, relish it, enjoy it, and learn from it with alacrity, humility, and above all, *thanksgiving*.

First and foremost, you must understand one thing: this is an academic study tour, *not a vacation*. While you will have a wonderfully enjoyable time, you must not lose sight of the fact that you are being taken to Greece and Italy *to study*. Mars Hill Academy students are taken on this Grand Tour to give them the opportunity to “broaden their horizons; test the practicality of their book learning, and to deepen their social and academic awareness.” If our students get out of it all that they can, it will help “enable them to...do all they were called to do and be all they were called to be.” As this is an educational trip, students are to be engaged in the lectures provided by tour guides, ask appropriate questions, and enthusiastically join in discussions led by your chaperones. It is important that students be ready to engage.

Secondly, while this is an academic trip, you must not lose sight of the fact that God’s world is good *and is therefore to be enjoyed*. Your teachers and parents alike hope that you will experience excitement, amazement, and a sense of breathtaking awe as you learn from your ancient forebears. Their lessons are *our lessons*.

As Winston Churchill said, “The greatest advances in human civilization have come when we recovered what we had lost: when we learned the lessons of history.”

Have a great trip!

Cordially,



Michael J. McKenna  
Headmaster

## Important Dates to Remember

- **13 Sept**, 6:30 PM, Grand Tour Orientation Mtg. Parents and Juniors required.
- **16 Sept**, Registration Forms and Permission Slips due.
- **23 Sept**, Research Topics due to Mr. McKenna
- **1 October**, First Deposit due
- **21 October**, Research Papers due
- **1 November**, Passport Copies (2) due
- **3 February**, 2023, First Payment due
- **Week of 17 March**, Speeches presented
- **1 April**, Final Payment due
- **6 May**, Grand Tour Dinner, 6:00 PM.
- **4 June**, Depart
- **21 June**, Return
- **21 July**, Journals due

## 2023 Grand Tour Itinerary

<i>Day, Date, Activity</i>
<b>Sunday, 4 June 2023</b> Depart: Sunday, June 4
<b>Monday, 5 June</b> Arrive Athens, afternoon walk around the Acropolis, group picture on Mars Hill (the Areopagus, see Acts 17), stroll through the Plaka and Roman Forum. Dinner in the Hotel
<b>Tuesday, 6 June</b> Morning – National Archeological Museum Afternoon – Tour the Acropolis Evening – Meeting, dinner on our own
<b>Wednesday, 7 June</b> Morning – Depart for Corinth, visit Ancient Corinth where the Apostle Paul lived for 18 months. Stand in front of the Bema seat where Paul stood before Gallio (Acts 18). Afternoon – Mycenae, Epidaurus Evening – No meeting, Dinner on our own
<b>Thursday, 8 June</b> Morning – Sunrise hike to Mt. Lycabettus. Acropolis Museum. Free Time. Afternoon – 2:00 Departure for Delphi Evening – Meeting, Dinner in the hotel
<b>Friday, 9 June</b> Morning – Tour of Delphi Afternoon – Departure for Olympia Evening – Meeting, Dinner in the hotel
<b>Saturday, 10 June</b> Morning – Tour of Olympia Afternoon – Departure for Patras Evening – Ferry, Dinner on board, Meeting
<b>Sunday, 11 June</b> Morning – Worship on board Afternoon – Arrival in Ancona, Italy, transfer to Rome Evening – Arrival in Rome, Dinner in the hotel
<b>Monday, 12 June</b> Morning – Tour of Catacombs, Ancient Roman Forum Afternoon – Lunch, Tour of Coliseum Evening – Meeting, Dinner on our own

<p><b>Tuesday, 13 June</b>  Morning – Tour of St. Peter’s Basilica  Afternoon – Tour of Vatican Museum  Evening – Walking tour of pedestrian district: Spanish Steps, Trevi Fountain, Pantheon, Piazza Navonna; Dinner on our own</p>
<p><b>Wednesday, 14 June</b>  Morning – Free  Afternoon – Departure for Assisi  Evening – Visit Church of Santa Maria degli Angeli, Meeting, Dinner in the hotel</p>
<p><b>Thursday, 15 June</b>  Morning – Tour Basilica of St. Francis  Afternoon – Free time in Assisi, Departure for Siena  Evening – Dinner on our own</p>
<p><b>Friday, 16 June</b>  Morning – Walking tour of Siena, Duomo, Museo del Opera  Afternoon – Palazzo Pubblico  Evening – Meeting, Dinner on our own</p>
<p><b>Saturday, 17 June</b>  Morning – Free time in Siena  Afternoon – Departure for Florence  Evening – Dinner in the Hotel</p>
<p><b>Sunday, 18 June</b>  Morning – 9:00AM, Worship  Afternoon – Uffizi Museum, Academia Museum  Evening – Meeting, Dinner on our own</p>
<p><b>Monday, 19 June</b>  Morning – Visit Churches of San Lorenzo and Santa Maria Novella  Afternoon – Departure for Venice  Evening – Dinner on our own</p>
<p><b>Tuesday, 20 June</b>  Morning – Doge’s Palace, Basilica of St. Mark  Afternoon – Free time  Evening – Meeting, Dinner on our own</p>
<p><b>Wednesday, 21 June</b>  Depart: Wednesday, 21 June  Arrive: Wednesday, 21 June</p>

## **Academic Preparation**

### *Grand Tour Research Paper*

You will be visiting the following major cities/points of interest: Athens, Corinth, Mycenae, Delphi, Olympia, Rome, Assisi, Siena, Florence, and Venice. **By 21 October** you are required to research (minimum three full pages, with footnotes) some aspect of one of these places *that we will stop to consider in greater depth*. You will then function as a “guest lecturer,” or our momentary tour guide, teaching your fellow travelers what you’ve learned about this place, person, or event. All topics must receive prior approval from Mr. McKenna. (I don’t want you to waste your time researching a project that does not “fit” with the overall trip.) **Your final topic selections are due to me by 23 September**. This is a graded project. You will be required to give this speech to a faculty panel the week of **17 March 2023**.

Sample topics include, but are not limited to: The Propylaea, The Battle of Salamis, Temple of Athena Nike (Acropolis), Paul’s address to the Athenians on Mars Hill (Acts 17), Paul before Gallio in Corinth (Acts 18), the Olympic Games, the Oracle of Delphi, the Pythian Games, Ancient Corinth, the Roman Forum (including: Roman Roads, the Arches of Titus or Septimius Severus, the House of the Vestal Virgins, the Roman Basilica [Maxentius, Julia, or Amelia], the Temple of Saturn), Capitoline Hill, the Monument of Victor Emmanuel II, the Catacombs, Trevi Fountain, Emperor Hadrian, the Spanish Steps, the Pantheon, Roman obelisks, Francis of Assisi, the Palio (Siena’s famed horse race), the Contradas of Siena, Santa Maria dei Fiori/Brunelleschi’s Dome (Florence), the Medici (e.g., the Pazzi Plot to assassinate Lorenzo the Magnificent), Girolamo Savonarola, Ghiberti’s Bronze Doors of the Florence Baptistery, St. Mark’s Basilica, the Four Horses of St. Mark’s, the Jewish Ghetto of Venice, the Torre dell’Orologio (the Clock Tower) in Venice, Santa Maria della Salute (the “plague” churches), and many, *many* more! Your only limitations are your imagination and our itinerary.

### *Daily Journal*

*“We write to taste life twice, in the moment and in retrospect.”*

– Anaïs Nin

Students are required to *journal daily* during the Grand Tour. The journal should not only reflect what the students do and see each day, but should also include *the students’ impressions, thoughts, and ideas about what they are seeing and its importance and place in their overall education*. The journal should refer to or draw upon the education the students have



received at Mars Hill Academy where appropriate. The journal will be counted as a test grade in both Worldview and Rhetoric II. As you journal, writing down thoughts, ideas, impressions, and questions you have, you may want to see the journal as grist for the mill of the Rhetoric Presentation you will be required to do



when you return to school. The Journal is due in my office *four weeks after our return*, 21 July 2023. (See **Appendix A**, Journal Grading Guidelines.)

### *Rhetoric Presentation.*

Upon returning to school the following fall, students will be required to prepare a 10- to 12-minute oral presentation, which will be counted as a test grade, in both Rhetoric II and Worldview. The presentation will be required to focus on some aspect of the trip of particular interest to the student and should reflect 1) his personal experiences on the trip; 2) his study of history; and 3) biblical integration. As was noted above, the journal you keep during your travels should make an excellent foundation for the topic you eventually choose. However, your Rhetoric Presentation may be unrelated to anything in your journal. The choice is yours. The students may use visual aids, such as Power Point, slides, posters, etc. NB: Most of your preparation time should be in the thought behind the presentation – not in the production of a Power Point show – and must be done *prior to the beginning of your senior year*. You are to return to school in your senior year *with an outline and at least three sources*. Your first week of Rhetoric II will be spent *refining and rehearsing* your presentation, *not creating it!* If you spend an hour on the outline of your talk, and twenty hours on the Power Point presentation, something's out of kilter. Students should be careful to choose a topic narrow enough to be covered thoughtfully in the 10- to 12-minute timeframe. The topic "Western Civilization: An Overview," would probably require more than 12 minutes to cover thoughtfully, and, therefore, should be narrowed. However, "A Biblical View of Art as Seen in Botticelli's *Birth of Venus*" might make for a better, narrower choice. Immediately following his presentation, the student will answer questions posed by the faculty panel. The student chosen by the faculty panel to have made the best presentation will be honored to make his presentation before a school assembly as well. (See **Appendix B**, Europe Presentation Grading Guidelines.)

### **Integration of the Grand Tour and Study at Mars Hill Academy**



The main objective of this trip is to further the students' understanding of, and appreciation for, the main cultural centers of Western history, and thereby better appreciate the great wealth of culture to which they have been made heirs. To this end, students will visit the primary designations of *Athens* (as representative of the first Western Civilization), *Rome* (as representative of the second), and *Florence* (which, as the Christianized revival of the first two, was in many ways the beginning of "modern" civilization). While touring these three main locations, students would also spend some time visiting their environs, in which important secondary cities are located. While at each designation, students will be expected to pay careful attention to the physical sites, as well as the lectures given by the tour guides. Each student will be required to maintain a

journal of his educational experiences. These journals will be evaluated and incorporated into their senior project.

9<sup>th</sup> Grade Antiquities: Ancient Near East, Greece, and Republican/Imperial Rome  
10<sup>th</sup> Grade Christendom: Middle Ages and Renaissance  
12<sup>th</sup> Grade Modernity: Reformation-Twentieth Century

## Greece

During the *Antiquities* course, students spent time on Greek history, from the Minoan and Mycenaean periods (2000-1000 B.C.) to the division of Alexander's empire (323 B.C.). Several original sources were read (e.g., Herodotus' history of the Greco-Persian War, Thucydides' History of the Peloponnesian War, Plato's Dialogues, Aeschylus' Persian War, etc.), and numerous events and ideas were discussed.

**Athens:** Students learned about Athens' shift to democracy, her war with Persia, the building of her empire, and the glories of her classical culture (e.g., art, athletics, science, philosophy, politics, religion, architecture, poetry, etc.), in which we may find the foundations of Western culture. The Acropolis Museum in Athens houses many of the great treasures of Greek sculptural art. At the National Archeological Museum, thousands of years of Greek history come alive as students enjoy prehistoric works of art, rare manuscripts, Byzantine icons, historic weapons, and paintings.



**Delphi:** Numerous oracular temples existed throughout Greek culture, the most famous belonged to Apollo at Delphi. Greeks from the far corners of the Mediterranean traveled here to get their questions answered. The students read several accounts of such visits, including that of the Lydian King, Croesus, who waged war on Persia because of the answer received at Delphi; and, perhaps most famous of all, that of Socrates, who left Delphi with the knowledge of being the wisest man in Greece.

**Corinth:** Corinth was one of the supreme cultural centers of Greek antiquity. The city was famous for producing the great orators of antiquity; the students sampled some of their speeches. Hundreds of years later, the Corinthians would hear the words of another famous orator—the apostle Paul.

**Olympia:** In addition to science, philosophy, poetry and a host of other intellectual pursuits, the Greeks gave us athletics. The first Olympic Games were held in 776 B.C., at the city of Olympia. The students spent several days learning about the purpose, events, and cultural value of the games to Greek civilization.





**Rome** (Medieval & Renaissance)—As the students learned, the Roman papacy played a central and determinative role in the history of Western Civilization for well over a thousand years. Vatican City served as the very capital of Christendom and the art commissioned by the church there during the Renaissance (including the famous Sistine Ceiling by Michelangelo) has been well studied by the students in Art History.

### **Northern Italy**

**Assisi & Siena:** Students learned about the monastic founder, St. Francis of Assisi, and his Franciscan Order, from which came many prominent intellectuals, e.g., William of Occam. Siena was one of the most powerful mercantile cities of the Renaissance, the home of the Piccolomini family (Pope Pius II), and the seat of the Sienese school of art.



**Florence & Venice:** Florence and Venice were the most important cities of the Renaissance. Florence was the seat of the Renaissance, the home of the great Medici family, and the source of the most fabulous material culture since Greek and Roman antiquity. The Uffizi Gallery, founded in Florence in 1581 by the De Medici family, is one of the oldest museums in the

world. Many important works of Italian and other schools, dating from between the fourteenth and eighteenth centuries, are kept here.

**Venice:** Students learned about the Venetian merchants, their role in the Crusades, and in the development of modern capitalism. In addition, students learned about the pivotal role St. Mark's Cathedral played in the development of Western music, and the Venetian School's transitional role between the music of the Renaissance and the Baroque.

### ***Practical Considerations***

**Dates:** Sunday, 4 June – Wednesday, 21 June 2023

**Approximate Cost:** The trip costs approximately \$5600 per person. However, MHA rising seniors are only required to pay a small deposit. The number of travelers, fuel costs, airline and airport taxes, and other variables can affect the final cost. This cost represents roundtrip airfare from CVG, all ground transportation in Greece and Italy, all hotel accommodations, entrance fees to museums included in the tour, breakfast daily, and approximately half of the dinners. Students are recommended to have at their disposal approximately \$700 in spending money for personal expenses.



**Major Points of Interest:** Athens, Corinth, Mycenae, Epidaurus, Delphi, Olympia, Rome, Assisi, Siena, Florence, and Venice.

**Passports:** MHA “Grand Tourists” should apply for passports as soon as possible. Passport numbers are required to finalize hotel reservations, so this cannot be done until all travelers have their passports in hand. It currently takes about 8 to 11 weeks for passports to be issued. ***Passport numbers and two copies of the picture page are required to be turned in to the school office no later than 1 November 2022.*** Information regarding passports and downloadable applications are available online at the following web address: [http://travel.state.gov/passport/passport\\_1738.html](http://travel.state.gov/passport/passport_1738.html)

**Permission Slips and Registration Forms:** Travelers are required to read, sign, and return the Permission Slips and Registration Forms to by **Friday, 16 September**. *All participants, whether students or adults, must fill out an individual registration form.* These forms may be found on the school’s Grand Tour Registration web page: [www.marshall.edu/grandtour](http://www.marshall.edu/grandtour).

**Spending Money/ATMs/Exchange:** It is recommended that students plan to have available to them at least \$700 in spending money. Those who plan to spend heavily on gifts and souvenirs should plan to bring more.

### **ATMs**

ATMs are widely available throughout Greece and Italy. Virtually all banks have machines that dispense money to Cirrus or Plus card holders. You may find bank-sponsored ATMs at harbors and in airports as well. Other systems accepted include Visa, MasterCard, American Express, Diner’s Club, and Eurocard, but exchange and withdrawal rates vary, so shop around and check fees. For use in Greece, your personal identification number (or PIN) must be only four digits long. Machines usually let you complete the transaction in English, French, or German, and seldom create problems, except Sunday night, when they sometimes run out of cash. Do check with your bank to confirm you have an international personal identification number, to find out your maximum daily withdrawal allowance, and to learn what the bank fee is for withdrawing money. When the ATM asks if you want to accept conversion, *always say no*. Always use ATMs at an open bank in case the machine “eats” your card. (This has happened to me!) When the machine returns your card, grab your card immediately; if you dilly-dally to count the money (not a great idea in public, anyway), the ATM may suck your card back in, so it doesn’t fall into the wrong hands. That would be a pain in the neck.

### **Currency**

The First of January 2002, saw the introduction of Euro coins and notes. The former local currency, the drachma in Greece and the lira in Italy, ceased to be legal tender at the end of February 2002. All transactions are now made in Euros. Euro notes come in denominations of €5, €10, €20, €50, €100, €200, and €500. The Euro is divided into 100 cents, and coins are available as €1 and €2, and 1, 2, 5, 10, 20, and 50 cents.

## Exchanging Money

In Athens, the National Bank, General Bank, Credit Bank, Ionian Bank, Commercial Bank, and Macedonia-Thrace Bank all have automated machines that change your foreign currency into Euros. If you do use an exchange booth, good options are American Express and Eurochange. Watch daily fluctuations and shop around. Exchange booths that operate after business hours have lower rates and a higher commission. You can also change money at post offices -- located in even the most remote parts of Greece; commissions are lower than banks, starting about €2.64 for amounts up to €295. Your hotel may even exchange money, and at reasonable rates, too.

## Money for Students Traveling Without a Parent

It is recommended that students have approximately \$700 available for personal spending and meals. If your child is traveling without you, how to permit your son or daughter to have easy yet safe access to their money is a legitimate concern. Apart from giving them your own debit or credit card (obviously, many parents are uncomfortable with that option), credit card



companies offer prepaid travel cards for teen travelers. These cards are accepted anywhere Visa, MasterCard, or American Express Cards are accepted, can be monitored online by parents and are reloadable online, over the phone, or via your own bank account. In addition, they're safer than cash, as they're replaceable if stolen. Checkout the Visa Buxx, MasterCard Travel Card, or the American Express Pass Card for details. Students should also bring a small amount of cash (\$50-\$100) to exchange soon after arriving, and just in case they experience some small, temporary difficulty with the travel card. The chaperones are experienced with these matters and will ensure that your child is taken care of through this process and provide assistance and support if problems occur.



## Packing and Dressing

### Pack carefully

Pack your carry-on bags loosely so that it is easier for security personnel to check them.

### On board:

Travelers may bring one carry-on and one personal item (such as a purse or shoulder bag) on all flights. Ensure that you have included your name and contact details on tags outside and inside your baggage. When traveling to and from North America, the Transportation Safety Administration recommends you do not lock your

checked baggage, as the TSA may need to open your luggage to complete security checks. Pay attention to what you're bringing with you. Certain items should not be carried on an aircraft because of the danger they represent. Many of these items are commonly used at work or home but may become a hazard in flight due to changes in temperature and pressure. For a full list of prohibited items, visit [www.tsa.gov/travel/security-screening/whatcanibring/all-list](http://www.tsa.gov/travel/security-screening/whatcanibring/all-list).

*Ensure your information is accurate and complete:*

Be sure to have a valid passport. You may be asked to provide your passport and boarding card at subsequent points, such as at the gate or in the terminal.

*Be prepared for security checkpoints:*

Only ticketed passengers are allowed beyond the security checkpoints, except for those with specific medical or parental needs. All electronic items, such as laptops and cell phones, will be subjected to additional screening. Be sure to remove your laptop from its travel case so that both can be X-rayed separately. Keep your boarding pass and ID within easy reach. Wear shoes that can be taken off and put back on with ease. Limit the amount of jewelry or other metal objects that you wear and remove all metal objects prior to passing through the metal detectors to facilitate the screening process.

*Standards of dress and modesty:*

While students are not required to wear school uniforms on the trip, they are required to dress in such a manner as is consistent with the school's standards of modesty and decorum (I Tim. 2:9; I Peter 3:3). Without attempting to provide an exhaustive list, girls' clothing articles such as spaghetti straps, halter-tops, midriffs, low-cut shirts, short-shorts, etc., are not permitted. As a practical consideration, churches in Greece and Italy, of which we will be visiting many and almost daily, do not permit females to dress in these kinds of apparel, nor young men to wear shorts. (You'll often see young people, who attempt enter a church inappropriately clothed, wearing a paper "poncho," given to them by the church administration. Believe me, you don't want to be seen in a paper poncho!) The school chaperones have ultimate responsibility to decide whether these standards are being met, not the students themselves.

## **Men's and Women's Packing Lists**

### **Women**

- SHIRTS. Bring at least five polo shirts/button-up shirts, and five T-shirts/tops.
- SWEATER/SWEATSHIRT/JACKET. Always bring one, just in case. It can get cool in northern Italy.
- PANTS/JEANS/CARGO. Bring two pairs. Buttoned pockets are safest for your small, daily stash of cash.
- SHORTS. Minimum three pair with plenty of pockets.
- SKIRTS. Minimum two pair, knee-length.
- DRESSES. Minimum two, knee-length.
- SWIMSUIT. One, (one-piece or tankini) plus a large Zip Lock bag for packing when it hasn't dried.

- UNDERWEAR. 10 sets
- BRAS. Four
- CAMIS. Four
- COMPRESSION SHORTS FOR UNDER SKIRTS
- SOCKS. Five sets
- SHOES. Sneakers, sandals, flip-flops. Anything broken in and comfortable.
- SCARF/SHAWL. For instant respectability or covering shoulders in churches.
- SECURITY WALLET.
- BELT
- HAT
- SMALL DAYPACK. A small daypack is great for carrying your camera, literature, etc., while you leave your large bag at the hotel. Fanny packs (small bags with thief-friendly zippers on a belt) are a popular alternative but should not be used as money belts.
- SLEEP CLOTHES
- TRAVELOGUE
- YOUR REPORT (if you're a student)

## Men

- SHIRTS. Bring at least five polo shirts/button-up shirts, and four T-shirts (not undershirts). T-shirts are for down time; button and polo shirts are for "on time."
- PANTS/JEANS/CARGO. Bring two pairs: long for churches with modest dress codes. Buttoned pockets are safest for your small, daily stash of cash.
- SWEATER/SWEATSHIRT. Always bring one, just in case. It can get cold in northern Italy.
- SHORTS. Minimum three pair with plenty of pockets. (Greek and Italian men generally do not wear short pants, so you *will* stick out.)
- SWIMSUIT. One, plus a large Zip Lock bag for packing when it hasn't dried.
- UNDERWEAR. 10 sets, five undershirts
- SOCKS. Five sets
- SHOES. Sneakers, sandals. Anything broken in, supportive, and comfortable.
- TIE. For instant respectability.
- SECURITY WALLET.
- BELT
- HAT
- SLEEP CLOTHES
- TRAVELOGUE
- YOUR REPORT (if you're a student)

## Miscellaneous

- BIBLE
- ZIP-LOCK BAGGIES. Variety of sizes. They're great for containing wetness and bagging potential leaks before they happen. The two-gallon jumbo size is handy for packing wet and/or dirty clothing.
- WATER BOTTLE. The plastic half-liter mineral water bottles sold throughout Europe are reusable and work great.



- FIRST-AID KIT.** A small kit with Band-Aids, blister kit, antiseptic wipes, tweezers, Tylenol or equivalent, cold and diarrhea remedies, etc.
- MEDICINE and VITAMINS.** Keep in original containers, if possible, with legible prescriptions using generic drug names.
- EXTRA EYEGLASSES, CONTACT LENSES, AND PRESCRIPTIONS.** Many find their otherwise-comfortable contacts aren't practical while traveling. Bring your glasses and lens prescription just in case. Contact solutions are widely available in Europe.
- TOILETRIES KIT.** Sinks in many hotels come with meager countertop space. If you have a toiletries kit that can hang on a hook or a towel bar, this is preferred. Put all squeeze bottles in zip-lock baggies, since in-flight pressure changes may cause even good bottles to leak. Bring a small roll of toilet paper or tissue packets. All hotels carry soaps, shampoos and conditioners. Other items to consider: deodorant, toothpaste and brush, floss, razor, shaving cream, sunscreen, after shave/cologne, nail clippers, Q-tips, feminine products, powder, face cleanser, jewelry (keep it simple), makeup remover, lotion, nail file.
- SEWING KIT/SMALL SCISSORS** Clothes age rapidly while traveling. Your flight attendant or the hotels may have a freebie for you.
- TRAVEL INFORMATION (MINIMAL).** Rip out appropriate chapters from guidebooks, staple them together, and store in a zip-lock baggie.
- ADDRESS LIST.** A list of addresses will help you keep in touch. Taking a whole address book is not packing light. Consider typing your mail list onto a sheet of gummed address labels before you leave.
- NOTEPAD AND PEN.** A tiny notepad is a great organizer, reminder, and communication aid.
- JOURNAL.** (*Required for Mars Hill Academy students.*) An empty book to be filled with the experiences of your trip will be your most treasured souvenir. Use a hardbound type designed to last a lifetime, rather than a spiral notebook. Attach a photocopied calendar page of your itinerary.

### **Other Bring-Alongs**

- SUNGLASSES AND SUNSCREEN.**
- INFLATABLE PILLOW** for snoozing on planes and buses.
- HAIR DRYER.** Hair dryers are generally provided in our hotel rooms (except on the ferry). If you want to bring one, look for a small, lightweight model with a built-in voltage converter; you'll also need the appropriate plug adapter.
- SPORT SANDALS OR FLIP-FLOPS.** Good for shower floors.
- BOOK OR MAGAZINE.** There's usually time on a trip to enjoy some good reading.
- SMALL FOLDING UMBRELLA**
- RAIN PONCHO**
- CAMERA AND EXTRA BATTERIES**
- WATCH**
- PENCILS/PENS**
- CELL PHONE, CHARGER**
- VOLTAGE ADAPTORS FOR EUROPE**
- AA/AAA BATTERIES**

- EARBUDS
- WOOLITE
- FEBREZE
- DIRTY CLOTHES BAG

### **Packing Miscellany**

- Pack things to freshen up on the plane in your carry-on (comb, disposable toothbrush, makeup, etc.)
- Keep a small mirror in the back of your journal to be able to look at ceilings without craning your neck.
- Bring a hanging toiletries bag; typically, there's very little space on sinks.
- Blow dryers in every hotel *except the ferry*.
- Shampoo and soap in every hotel, but sometimes no conditioner.
- Under armor style shirts and other "outdoor" wear shirts are great.
- Ladies, pack more camis and bras; don't plan to wear the same cami under different shirts.
- Foaming products may leak on flights.
- Pack clothes that dry quickly.
- Cross body bag vs. backpack.
- Pack light, wash frequently, and buy it if you need it.
- Your pack should weigh about 20% of your body weight, preferably no more than 20 pounds. If you can, limit yourself to one carry-on size bag: 9" x 21" x 13".
- A week before your trip, pack your bag with everything you think you want to take, and carry it around for a while. Is it comfortable? Too heavy? Better to know now than later!

### **Money and Security**

- Security wallet: Passport, debit card, credit cards.
- Security: Bury copies of your passport and prescriptions in the bottom of your luggage.

## **Packing Tips**

### **The Interlock**

The theory behind the interlock, which works best with standard suitcases and travel packs, is that each piece of clothing folds over or is cushioned by another piece. It's quite simple:

1. Lay a pair of slacks or a skirt across an open suitcase from north to south, allowing some surplus to drape over each side.

2. Place a sweater from east to west, allowing arms to drape both east and west and tail to drape to the south.



3. Now flip the northern part of the slacks over the top of the sweater, fold the sweater arms in over this, then fold the bottom of the sweater and the southern part of the slacks or skirt over everything. You've created a neat stack of clothing that provides cushioning everywhere a wrinkle wants to be.

You can add as many garments to this construction as you wish. When you've finished, fill in the corners and crevices with underwear, socks, scarves, and so on. Place shoes heel down along the hinges of your suitcase.

A quick aside about packing your shoes: they should never be empty. They should always be stuffed with underwear, socks, a travel umbrella. Otherwise, the hollows of your shoes are just wasted space, and those small items are free to wriggle into whatever crevice they please.

We all harbor fears that a customs official will fling open our suitcase, revealing our private garments to the airport community at large. Stuff them in a shoe and he'll never notice. Pack shoes separately rather than as a pair -- the positioning possibilities are greater that way.

### **Rock and Roll**

Rolling is an easy way to pack clothing, both light and heavy. It works best for duffels and travel packs, but if your trip is casual, you can roll garments for standard suitcases as well.

Let's demonstrate with a T-shirt: Lay the shirt face down on a flat surface. Fold in the sleeves. Then, with the shirt still face down, begin to roll it up from the bottom hem. Smooth it as you go, so that no wrinkles are folded in. The collar should wind up on the outside of the roll.

Jeans are a natural for this process. So are dress slacks: Hold them upside down, by the cuffs, and lay them out. Then roll from the cuffs up. This technique even works for sports jackets: Fold the jacket in half lengthwise, tucking the arms inside. Then begin at the top and roll down. Delicate garments should be placed on top of T-shirts or tissue paper before being rolled.

Skirts can be done this way as well. Put a plastic dry-cleaning bag inside the skirt to pad it, then either roll it or fold it in half lengthwise over another garment to pad the crease, and then roll. Soon, you'll be able to roll anything.

### **Twin Towers**

This is the way that most people put clothing into their luggage. Fold your clothes and place them in the case in two neat stacks. If you know your trip schedule, pile them chronologically -- the first day's outfit on top, the second day's clothes below that, and so forth. This will eliminate the need to paw through everything to unearth that purple polo shirt you meant to wear as you climb around the Acropolis. Fill in around the edges and in the center with underwear and socks, bathing suits, etc. Try to pack snugly so that things will not move around in the suitcase. If it has interior straps that you can use to secure clothing, use them.

Alternatively, you can roll your clothes and then stack them neatly like cigarettes in a box. Again, if you lay them in so that the things you plan to wear first are on top, you'll have an easier time getting to your gear.

However you pack, don't take two weeks' worth of clothes. Bring along a bottle of Woolite, then wash socks, underwear, etc., hanging them to dry in your hotel bathroom overnight.

## Theft and How to Avoid It

Remember, nearly all crimes suffered by tourists are nonviolent and *very avoidable*. Be aware of the pitfalls of traveling but relax and have fun. Limit your *vulnerability* rather than your *travels*. Leave precious valuables at home and wear your money belt on the road. Most people in every country are on your side. If you exercise adequate discretion, aren't overly trusting, don't stick out like a bejeweled thumb, and don't put yourself into risky situations, your travels should be about as dangerous as hometown grocery shopping. Don't travel afraid. Travel wisely!



### Security Wallets

Security wallets or money belts are your key to peace of mind. I never travel without one. A security wallet clips onto your belt, but inside your pants. A money belt is a small, nylon-zippered pouch that ties around the waist under your pants or skirt. You wear it completely hidden from sight, tucked in like a shirrtail — over your shirt and under your pants. You can protect your fortune at a cost of only eight dollars. For convenience, I recommend the wallet.

With a [security wallet](#), all your essential documents are on you as securely and thoughtlessly as your underwear. Have you ever thought about that? Every morning you put on your underwear. You don't even think about it all day long. And every night when you undress, sure enough, there it is, exactly where you left it. When you travel, your valuables are just as securely out of sight and out of mind, around your waist in a money belt. It's luxurious peace of mind.

Operate with a day's spending money in your pocket. You don't need to get at your money belt for every nickel, dime, and quarter. Your security wallet is your deep storage.

Purses and wallets are handy for odds and ends and a day's spending money, but you may lose them. A button-down flap or a Velcro strip sewn into your front or back pocket slows down fast fingers. People who have nothing worth stealing (cars, video cameras, jewelry, and so on) except what's in their money belt can travel virtually invulnerably.

## Appendix A: Journal Grading Guidelines

The student's journal was complete (no days missing, including travel days)	5/5 pts.
The student related events/places on the tour with his education:	20/20 pts.
The journal included the student's impressions, thoughts, and ideas, not simply a recitation of what was seen and done each day:	20/20 pts.
Creativity: The student's journal exhibits not only a creative, interesting use of rhetoric, but also drawing, sketching, poetry, etc.	10/10 pts.
Spelling/Mechanics (-.25 per error. Noted with "S/M")	5/5 pts.
<b>TOTAL:</b>	<b><u>60/60 pts.</u></b>

The journal must be turned in to the headmaster or the main office *no later than four weeks* after the students' return.

The journal may be submitted electronically *but only with prior approval from Mr. McKenna, and only to meet the submission deadline.* A hard copy must be turned in thereafter, again, with prior approval from Mr. McKenna

The final journal is to be bound: *no staples or paperclips.*

The journal will be counted as a test grade in both Modernity and Rhetoric II classes.



**Appendix B: Grand Tour Presentation Grading Guidelines**

**EVALUATION FOR SENIOR GRAND TOUR PRESENTATION**

<p><b>1) Originality of Topic:</b></p>	<p>10 9.5 9 8.5 8 7.5 7 6</p>
<p><b>2) Difficulty of Topic:</b></p>	<p>10 9.5 9 8.5 8 7.5 7 6</p>
<p><b>3) Understanding of Material:</b></p>	<p>10 9.5 9 8.5 8 7.5 7 6</p>
<p><b>4) Clarity of Presentation, i.e., structure and wording:</b></p>	<p>10 9.5 9 8.5 8 7.5 7 6</p>
<p><b>5) Creativity\Thoughtfulness:</b></p>	<p>10 9.5 9 8.5 8 7.5 7 6</p>
<p><b>6) Enthusiasm\Posture\Gestures\etc.</b></p>	<p>10 9.5 9 8.5 8 7.5 7 6</p>
<p><b>7) Eye Contact\Independence from Notes:</b></p>	<p>10 9.5 9 8.5 8 7.5 7 6</p>
<p><b>8) Integration with Trip:</b></p>	<p>10 9.5 9 8.5 8 7.5 7 6</p>

## Appendix C

### *Just Visiting: Classical Education and Travel*

by George Grant

*The world is a book, and those who do not travel, read only a page.*

—St. Augustine (354-430)

*As the Spanish proverb says, “He, who would bring home the wealth of the Indies, must carry the wealth of the Indies with him.” So it is in travelling; a man must carry knowledge with him, if he would bring home knowledge.*

—Dr. Samuel Johnson (1709-1784)

According to the Latin proverb, “Travelers may change their climate but never their souls.” While it may be admitted that such a truism is essentially true, there also can be little doubt that travelers may at least change their thinking. By virtue of seeing the world – the different sights, sounds, textures, hues, and passions of cultures different than their own – affords them with a unique perspective that militates against prejudice, parochialism, and pettiness. As Mark Twain said, travel somehow “broadens the mind and softens the heart.” Often, travel serves to sunder our uninformed native preconceptions and to establish more mature perspectives.

For that reason, travel has always been a component part of a well-rounded education. The banal prejudice and narrow presumption that inevitably accompany an unexposed, inexperienced, and undiscerning existence can often be ameliorated only by the disclosure of the habits, lifestyles, rituals, celebrations, and aspirations of the peoples beyond the confines of our limited parochialism. The great Dutch patriot Groen van Prinsterer aptly commented to his students, “See the world and you’ll see it altogether differently.”

As a result, in times past, travel was seen as far more significant than just fun and games. It was for more than mere rest and relaxation. It was intended to be more than simply a vacation or a getaway. Instead, it was a vital aspect of the refined instruction in art, music, literature, architecture, politics, business, science, and divinity. It was, according to Benjamin Franklin, “the laboratory where theory meets practice, where notion encounters application.”

Travel has thus enlightened lives and perspectives throughout history. Some of the most famous books, some of the most influential perspectives, and some of the most remarkable social transformations have had their genesis in some great quest or expedition or journey or voyage – from Agamemnon in Troy and Caesar in Gaul to Marco Polo in China and Richard the Lionhearted in Outremer, from Christopher Columbus in the Caribbean and Cotton Mather in Massachusetts Bay to Charles Lindbergh in the *Spirit of St. Louis* and John Glenn in the *Shuttle Enterprise*. Just visiting has left an indelible mark upon the human experience.

From the end of the fifteenth century to the beginning of the twentieth, it was expected that all the members of high-born families, aspiring artists, poets and historians, prospective members of the diplomatic corps, and young bon vivants would undertake an extended pilgrimage to the great cities of the Western world. It was considered an essential part of a well-rounded education. Indeed, in many elite circles it was believed to be the capstone of a true classical curriculum. Many of the most eminent people in history thus set out on what became known as the Grand Tour just before they entered public life. Traveling to the great centers of culture, history, and influence, they sought to take in as much of the art, music,

literature, architectural sites, historical monuments, social revelries, and culinary delights as they possibly could. Taking anywhere from just a few weeks to several months, the Grand Tour was intended to help the next generation of leaders to learn the languages, customs, and mores of far-flung lands and societies. They desired to broaden their horizons, test the practicality of their book learning, and to deepen their social and academic awareness. It was to enable them to eventually do all they were called to do and be all they were called to be.

The long and varied history of the Grand Tour – which invariably began in London and ended in Rome with visits to Edinburgh, Paris, Venice, Florence, Vienna, Jerusalem, and innumerable other great cities along the way – includes amazing stories of such travelers as Queen Victoria, John Milton, John Ruskin, Percy Shelly, Anna Jameson, Lord Byron, Adam Smith, Thomas Hobbes, Elizabeth Barrett Browning, Joseph Addison, Charles Dickens, William Wordsworth, Emma Hamilton, William Thackeray, and Edward Lear. And the Grand Tour was not merely an English phenomenon. Americans such as Washington Irving, Julia Ward Howe, Mark Twain, Henry Adams, Stephen Crane, Harriet Beecher Stowe, Henry Cabot Lodge, and Teddy Roosevelt also traveled abroad as youngsters. It was assumed that if they were to be classically educated, they would have to be classically traveled as well.

It is not surprising then that, the modern recovery of classical education in the classroom has inevitably led to the simultaneous recovery of classical education on the road. After all, as the contemporary poet Tristan Gylberd has asserted, “If you always go where you have always gone and always do what you have always done, you will always be what you have always been.”

**Additional Notes:**